- 4. An apparatus as in claim 1, wherein at least one optoelectronic device comprises a vertical cavity surface emitting laser.
- 5. An apparatus as in claim 4, wherein the vertical cavity surface emitting laser comprises an oxide vertical cavity surface emitting laser.
- 6. An apparatus as in claim 1, further comprising at least one optoelectronic device adapted to the head region.
- 7. An apparatus as in claim 6, wherein at least one optoelectronic device comprises a photodetector.
- 8. An apparatus as in claim 6, wherein at least one optoelectronic device comprises a vertical cavity surface emitting laser.
- 9. An apparatus as in claim 8, wherein the vertical cavity surface emitting laser comprises an oxide vertical cavity surface emitting laser.
- 10. An apparatus as in claim 1, wherein the electrical contact pads are adapted to a first surface or a second surface of the main body region.
- 11. An apparatus as in claim 1, wherein the electrical contact pads are ball grid arrays.
 - 12. An apparatus as in claim l^{1} , wherein the electrical contact pads are solder balls.
- 13. An apparatus as in claim 1, wherein the electrical contact pads are land-grid arrays.
- 15. An apparatus as in claim 1, further comprising an optical power control system adapted to the head region of the flexible printed circuit board.
- 16. An apparatus as in claim 1, further comprising a driver or amplifier chip adapted to the head region or main body region of the flexible printed circuit board.
- 17. An apparatus as in claim 1, further comprising a plurality of conducting lines that are adapted to the head region, the buckle region and the main body region.
 - (Amended) A flexible printed circuit board comprising:
- a) a main body region orientated in a first direction having at least one electrical component;
 - b) a buckle region extending from one end of the main body region;

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- c) a head region extending from one end of the buckle region, and where the head region is orientated so that it is at an angle relative to the direction of the main body region; and
- d) a height adjuster adapted along at least a portion of a surface of the head region of the flexible printed circuit board.
- 62. An apparatus as in claim 58, further comprising at least one optoelectronic device adapted to the head region.
- 63. An apparatus as in claim 62, wherein at least one optoelectronic device comprises a photodetector.
- 64. An apparatus as in claim 62, wherein at least one optoelectronic device comprises a vertical cavity surface emitting laser.
- 65. An apparatus as in claim 64, wherein the vertical cavity surface emitting laser comprises an oxide vertical cavity surface emitting laser.
- 66. An apparatus as in claim 58, wherein the head region is orientated in such a manner so that it is substantially perpendicular to the direction of the main body region.
- 67. An apparatus as in claim 58, wherein the height adjuster is capable of changing the height of at least one electrical or optoelectronic component on the head region.
- 68. An apparatus as in claim 58, further comprising wire leads adapted to the main body region.
- 69. An apparatus as in claim 58, further comprising electrical contact pads integrated into the main body region, wherein the electrical contact pads are capable of connecting the flexible printed circuit board to an external environment.
- 70. An apparatus as in claim 69, wherein the external environment comprises a circuit board.
- 71. An apparatus as in claim 69, wherein the electrical contact pads are adapted to a first surface or a second surface of the main body region.
- 72. An apparatus as in claim 69, wherein the electrical contact pads are ball grid arrays.
- 73. An apparatus as in claim 69, wherein the electrical contact pads are solder balls.

.₃_ 53 74. An apparatus as in claim 69, wherein the electrical contact pads are land-grid arrays.

2 \ 75. (Amended) A flexible printed circuit board comprising:

a) a main body region orientated in a first direction having at least one electrical component;

- b) a buckle region extending from one end of the main body region;
- c) a head region extending from one end of the buckle region, and where the head region is orientated so that it is at an angle relative to the direction of the main body region;
- d) a heat spreader adapted along at least a portion of a surface of the head region of the flexible printed circuit board;
- e) a window in the head region of the flexible printed circuit board, the window capable of providing access to the heat spreader; and
- f) an optical power control system adapted to the head region of the flexible printed circuit board.
- 79. An apparatus as in claim 75, further comprising at least one optoelectronic device adapted to the heat spreader in such a manner that at least one optoelectronic device is accessible through the window in the flexible printed circuit board.
- 80. An apparatus as in claim 79, wherein at least one optoelectronic device comprises a photodetector.
- 81. An apparatus as in claim 79, wherein at least one optoelectronic device comprises a vertical cavity surface emitting laser.
- 82. An apparatus as in claim 81, wherein the vertical cavity surface emitting laser comprises an oxide vertical cavity surface emitting laser.
- 83. An apparatus as in claim 75, wherein the heat spreader provides mechanical rigidity or stiffness to the head region of the flexible printed circuit board.
- 84. An apparatus as in claim 75, wherein the head region is orientated in such a manner so that it is substantially perpendicular to the direction of the main body region.
- 86. An apparatus as in claim 75, further comprising a driver or amplifier chip adapted to the head region or main body region of the flexible printed circuit board.

- 87. An apparatus as in claim 75, further comprising a plurality of conducting lines that are adapted to the head region, the buckle region and the main body region.
- 88. An apparatus as in claim 75, further comprising wire leads adapted to the main body region.
- 89. An apparatus as in claim 75, further comprising electrical contact pads integrated into the main body region, wherein the electrical contact pads capable of connecting the flexible printed circuit board to an external environment.
- 90. An apparatus as in claim 89, wherein the external environment comprises a circuit board.
- 91. An apparatus as in claim 89, wherein the electrical contact pads are adapted to a first surface or a second surface of the main body region.
- 92. An apparatus as in claim 89, wherein the electrical contact pads are ball grid arrays.
- 93. An apparatus as in claim 89, wherein the electrical contact pads are solder balls.
- 94. An apparatus as in claim 89, wherein the electrical contact pads are land-grid arrays.
 - (Amended) A flexible printed circuit board comprising:
- a) a main body region orientated in a first direction having at least one electrical component;
 - b) a buckle region extending from one end of the main body region;
- c) a head region extending from one end of the buckle region, and where the head region is orientated so that it is at an angle relative to the direction of the main body region;
- d) a height adjuster adapted along at least a portion of a surface of the head region of the flexible printed circuit board; and
- e) a window in the head region of the flexible printed circuit board, the window capable of providing access to the height adjuster.

- An apparatus as in claim 109, wherein the electrical contact pads are solder 113. balls.
- An apparatus as in claim 109, wherein the electrical contact pads are land-grid 114. arrays.
 - (Amended) A flexible printed circuit board comprising:
- a substantially rectangular main body region with two short sides and two long a) sides, the main body region having at least one electrical device adapted thereto;
 - a buckle region extending from one of the short sides of the main body region; b)
- a head region extending from the buckle region in a planar orientation c) substantially perpendicular to the main body region;
- a head region having at least one optoelectronic device thereon, the d) optoelectronic device situated substantially along a longitudinal axis of the flexible printed circuit board; and
- a spacer that is adapted to the head region of the flexible printed circuit board, e) wherein the spacer is capable of functioning as a mounting surface for the optoelectronic devices.
- An apparatus as in claim 138, wherein at least one optoelectronic device 139. comprises a photodetector.
- An apparatus as in claim 138, wherein at least one optoelectronic device 140. comprises a vertical cavity surface emitting laser.
- An apparatus as in claim 140, wherein the vertical cavity surface emitting 141. laser comprises an oxide vertical cavity surface emitting laser.
- An apparatus as in claim 138, further comprising an optical power control 147. system adapted to the flexible printed circuit board.
- An apparatus as in claim/138, further comprising a driver or amplifier chip 148. adapted to the head region or the main body region of the flexible printed circuit board.
- An apparatus as in claim 138, further comprising a plurality of conducting lines that are adapted to the head region, the buckle region and the main body region.
- An apparatus as in claim 138, further comprising wire leads adapted to the 150. main body region.

- 99. An apparatus as in claim 95, further comprising at least one optoelectronic device adapted to the height adjuster in such a manner that at least one optoelectronic device is accessible through the window in the flexible printed circuit board.
- 100. An apparatus as in claim 99, wherein at least one optoelectronic device comprises a photodetector.
- 101. An apparatus as in claim 99, wherein at least one optoelectronic device comprises a vertical cavity surface emitting laser.
- 102. An apparatus as in claim 101, wherein the vertical cavity surface emitting laser comprises an oxide vertical cavity surface emitting laser.
- 103. An apparatus as in claim 95, wherein the height adjuster provides mechanical rigidity or stiffness to the head region of the flexible printed circuit board.
- 104. An apparatus as in claim 95, wherein the head region is orientated in such a manner so that it is substantially perpendicular to the direction of the main body region.
- 105. An apparatus as in claim 95, further comprising an optical power control system adapted to the head region of the flexible printed circuit board.
- 106. An apparatus as in claim 95, further comprising a driver or amplifier chip adapted to the head region or main body region of the flexible printed circuit board.
- 107. An apparatus as in claim 95, further comprising a plurality of conducting lines that are adapted to the head region, the buckle region and the main body region.
- 108. An apparatus as in claim 95, further comprising wire leads adapted to the main body region.
- 109. An apparatus as in claim 95, further comprising electrical contact pads integrated into the main body region, wherein the electrical contact pads capable of connecting the flexible printed circuit board to an external environment.
- 110. An apparatus as in claim 109, wherein the external environment comprises a second circuit board.
- 111. An apparatus as in claim 109, wherein the electrical contact pads are adapted to a first surface or a second surface of the main body region.
- 112. An apparatus as in claim 109, wherein the electrical contact pads are ball grid arrays.